



POTTAWATTAMIE COUNTY PUBLIC HEALTH

PREVENT. PROMOTE. PROTECT.

FOR IMMEDIATE RELEASE

MARCH 31, 2020

POTTAWATTAMIE COUNTY FIFTH PRESUMPTIVE POSITIVE COVID-19 CASE

On Tuesday, March 31, Pottawattamie County Public Health indicated a fifth presumptive positive COVID-19 case in Pottawattamie County. This case is a female between 41-60 years old and a resident of Council Bluffs. This is a travel related case. The individual developed symptoms on March 23 and was tested on March 25. The individual has been self-isolating at home with Public Health staff checking in twice daily.

Pottawattamie County Public Health is conducting the contact tracing investigation for this case and notifying contacts as necessary. Pottawattamie County Public Health is considering this case low-risk to the public.

This continues to be a rapidly evolving situation and Public Health recommends people stay home as often as possible, increase social distancing efforts, and practice excellence hygiene and disinfectant practices. The goal is to prevent a huge spike in the number of people getting sick simultaneously and flatten the curve of infection.

COVID-19 Resources:

[Pottawattamie County EMA COVID-19](#)

[Iowa Department of Public Health](#)

[Center for Disease Control and Prevention](#)

COVID-19 Hotlines:

Methodist Health System is offering a community hotline and screening tool at 402-815-SICK (7425).

CHI Health has a help line to answer questions and direct patients who may be at high risk of the coronavirus illness. Visit www.chihealth.com for information.

Pottawattamie County Emergency Management Agency has COVID-19 Call Center available Mon-Fri from 8am-4pm. 712-890-5368 or 712-890-5369

Hope 4 Iowa Crisis Hotline – This Crisis call line connects individuals in crisis to a helping hand the resources to address and improve mental wellness. Available 24/7. Call 84-HOPE-4-IOWA, or 844-673-4469.